



EMERGENCY SUPPLY KIT

Laminate this list and attach it to the top of your kit, check off what is in the box so you will be able to quickly add what's missing when it's time to leave.

- Activities and Books for Children
- Batteries
- Battery operated weather radio
- Baby food and supplies
- Blankets
- Bleach (additive-free) and medicine dropper - treat water with 16 drops of bleach per 1 gallon of water
- Bucket
- Canned goods and other non-perishable foods and beverages, enough for a week
- Cash and coins
- Cell phone and car charger
- Change of clothes for each family member
- Compass
- Contact Lenses and lens solution
- Digital camera
- First Aid Kit (see list below)
- Flashlights
- Full tank of gas
- Garbage bags
- Hand sanitizer
- House and car keys (extras)
- Insect repellent
- Insurance documents and policy numbers
- Jumper cables, tire pump and jack
- Manual can opener
- Maps
- Matches
- Paper Towels
- Paper plates and plastic cups
- Pencil and paper
- Personal hygiene items for each family member
- Personal identification
- Pet care items and food
- Phone numbers and email addresses for all important contacts and insurance agents
- Portable Cooler

- Prescription medicine if needed and copy of prescriptions
- Refrigerator thermometer
- Rubber gloves
- Scissors
- Sleeping bag for each family member
- Sturdy shoes for each family member
- Tire patch kit
- Toilet paper
- Toolkit
- Trash bags
- Travel-sized toiletries
- Utility knife
- Water - 1 gallon of water / person / day for at least 3 days
- Water purification tablets

FIRST AID KIT ESSENTIALS

- Alcohol cleansing pads
- Antacid
- Antibacterial ointment
- Anti-diarrhea medication
- Antiseptic cleansing wipes
- Bandages
- Burn relief pack
- Butterfly wound closure
- Cold compress
- Finger splint
- First Aid tape
- Gauze pads
- Inhalers
- Itch-relief cream
- Latex-free gloves
- Sterile eye pad
- Thermometer
- Tweezers
- Q-Tips

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