

Condon-Meek Insurance - Hurricane Prep Kit List

Basic Emergency Supplies

- Water - one gallon of water per person per day for at least three days, for drinking and sanitation purposes.
- Food - At least a three-day supply of non-perishable food.
- Weather radio - Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra Batteries
- Whistle - To signal for help.
- Dust mask - For filtering contaminated air.
- Plastic sheeting and duct tape - to shelter in place.
- Moist towelettes
- Garbage bags and plastic ties
- Wrench/pliers - To turn off utilities
- Canned food opener
- Local maps
- Cell phone chargers, including backup battery
- Cash or travelers checks
- Important family documents: insurance policies, identification, bank account information (can be saved electronically) - stored in a waterproof container
- Sleeping bag for each family member (or blankets)
- Change of clothes for each family member
- Bleach and a medicine dropper to disinfect water
- Fire extinguisher
- Matches (in a waterproof container)
- Toilet paper
- Paper cups, plates, plastic utensils
- Paper towels
- Paper and pencil

Medical/First Aid/Hygiene Supplies

- Prescription medication for all family members.
- Non-prescription medications - Pain relievers, anti-diarrhea medication, antacids, laxatives, activated charcoal
- Glasses and contact lens solution
- Bandages, various sizes
- Sterile dressings
- Sterile glaze pads
- Roll of cohesive bandage
- Germicidal hand wipes or waterless alcohol-based hand sanitizer
- Antiseptic wipes

- Non-latex gloves
- Anti-bacterial ointment
- Cold pack
- Scissors
- Tweezers
- CPR breathing barrier, such as a face shield
- Feminine hygiene supplies
- Toothpaste and toothbrushes
- Deodorant

Infant and Children Supplies

- Powdered infant formula
- Bottles
- Diapers
- Baby wipes
- Diaper rash cream
- Extra clothes
- Blankets
- Burp rags
- Pedialyte
- Nursing pads
- Sunscreen
- Baby wash
- Pacifiers
- Bulb syringe
- Small toys, books, puzzles, or activities to occupy children

Pet Supplies

- Extra food and water - 3-7 days worth
- Feeding dishes and bowls
- Leash
- Blanket or pet bed
- Pet first-aid kit (Your vet can help you with what to include)
- Disposable litter trays and litter
- Photocopies or digital copy of medical records in a waterproof container
- Two-week supply of any medication your pet requires
- Recent photo of your pets in case you get separated
- Toys

*Remember to keep your Hurricane Prep Kit in a cool, dry place and replace any expired items each Hurricane season.